

## GIRLS SWIMMING



The Pittsford girls swim team broke the 400 free relay during the team's dual meet win over Gates Chili last Thursday. Members of the relay, from left to right: Steph Andrews, Becca Evans, Lindsay Stone and Katie Smith.

## Panthers earn record-breaking wins

Submitted to MPM

The Pittsford girls swimming and diving (2-0) started their dual meet season this week.

On Tuesday they travelled to Irondequoit and returned home on Thursday against Gates-Chili. They ended the week with two convincing victories 100-75 and 113-64 respectively, setting new pool records in the process.

The Panthers set four new Irondequoit pool records last Tuesday. One of the records to fall was set by Olympian Kara Lynn Joyce.

Katie Smith eclipsed Joyce's record from 2000 of 24.35, swimming the 50 freestyle in 23.71. The other records to fall were Lindsay Stone in the 200 Free breaking K. Small's

record from 1986, Stone swam 1:53.93 breaking the old record of 1:55.80.

Two freestyle relay records also fell. In the 200 Stone and Smith teamed up with Stephie Andrews and Katie McPherson swimming 1:41.01 breaking the old record of 1:42.43 set back in 1991. In the 400 Becca Evans joined Smith, Stone and Andrews swimming 3:38.78 smashing the 1982 record of 3:47.00.

Other event winners were Bianca Lopez, Evans, Anne Marie Mozrall and McPherson in the 200 medley relay. Andrews won the 200 IM with Mozrall, McPherson and Katie Drake close behind.

Evans won the 100 Fly with Mozrall winning the 100 Free. In Diving Maddie

Schaefer twisted and turned to win with a score of 193.25, with Kirsten Fleming close behind in 139.70.

Smith won the 500 Free with Emma Corby, Stephie Riley and Jenna Connolly all swimming lifetime best times. Evans won the 100 Back with McPherson, Megan Mayall and Olivia Roche demonstrating the depth of this year's team.

Stone won the 100 Breast with Connolly and Leslie Davidoff second and third completing the individual events.

On Thursday the team returned home and dominated their competition. This meet was a Varsity-only meet and the meet progressed quickly with Pittsford placing 1-2-3 in every event.

Pittsford swam exhibition

at the end of the meet. Individual event winners were Smith in the 200 Free and 100 back. Stephie Riley won the 200 Individual Medley, while Stone doubled up in the 50 Free and 100 fly.

In the 100 fly Annie Birmingham was close behind Stone finishing in 1:05.72, with Katie Drake in 1:07.93. Evans won the 100 free with Maddie Holodnik winning the 500 free. Drake won the 100 breast with Andrews and Jenny Tripler making it a close race.

In diving Schaefer surpassed her Tuesday score, this time totalling 193.80. Fleming and Katie Mullin had a nip and tuck battle for second with Fleming winning the battle with 129.25 points versus Mullin's 129.20.

## CROSS COUNTRY

## Sutherland kicks off season

Submitted to MPM

The Pittsford Sutherland 2013 Cross Country season began with a Monroe County league meet at Mendon Ponds Park on a hot and humid Tuesday. The Knights squared off against teams from Brockport, East Irondequoit, Hilton and Honeoye Falls-Lima on the East course at Mendon Ponds.

The girls' team is led this year by senior Captains Casey Mulroy, Rachel Smith and Jen Walter, while the boys' squad is led by senior Captains Bobby Gaffney, Chris Locke and Jacob Marsh.

The boys took to the demanding Mendon East course first, and looked impressive while capturing seven of the top 12 places in oppressive conditions that kept everyone's times slow on the day. The Knights' strong showing led to a sweep of the competition to begin their league season with a 4-0 mark.

Sophomore and first year team member Luke Robbins led his mates by crossing the finish line in second place with wonderful cross country race debut in a time of 18:48. Robbins was quickly followed by Patrick Regan (18:49), Marco Huot (19:00) and Bobby Gaffney (19:05) in third, fourth and fifth places respectively.

Noah Young wrapped up Sutherland's scoring top five with a ninth place finish in 19:26. Providing depth with fine performances were Patrick Downey (11th, 19:57) and Jacob Marsh (12th, 20:12). Downey, Marsh and Robbins were named as Runners of the Meet for their excellent efforts.

The girls ran tough despite both the heat and an incredibly dense and irritating flying insect hatch that reached its height right during their race. The Lady Knights persevered to earn a split on the day by defeating East Irondequoit and Brockport while falling to Hilton and Honeoye Fall-Lima to start the season with a 2-2 record.

Junior veteran Mary Visca ran strong to lead her team with a second place finish in a time of 21:45. Casey Mulroy came across the line next in 17th place with a time of 24:56.

Rounding out the scoring top five were Rachel Smith (28th, 26:22), Shannon Burke (30th, 26:39) and Jen Walter (31st, 26:44). Katie Gorenc (38th, 27:46) and Tori Barnes (42nd, 28:00) were both chosen as Runners of the Meet for their strong cross country debuts.