

New York High School Swimming

2019 NYS Federation Girls Swimming Champs - 11/22/2019 to 11/23/2019
2019 NYSPHSAA Swimming & Diving Championships
November 22 & 23, 2019
Psych Sheet

Event 1 Girls 200 Yard Medley Relay

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Federation: 1:43.21 11/19/2016 Long Beach (8)
K Romano, M Aroesty, C Farrell, J Cash
NYSPHSAA: 1:43.21 2016 Long Beach (8)
K Romano, M Aroesty, C Farrell, J Cash
1:44.21 AAA
1:46.21 AAC
1:52.35 NYS

School

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1 Pittsford-5 1:44.49 AAC
2 Sacred Heart Academy-C 1:44.96 AAC
3 Sleepy-Hastings-Edgemont-Irvin-1 1:45.69 AAC
4 Bethlehem-2 1:46.12 AAC
5 Orchard Park-6 1:47.59 NYS
6 Garden City-8 1:48.03 NYS
7 Ithaca-4 1:48.24 NYS
8 Northport-Commack-11 1:48.41 NYS
9 Scarsdale-1 1:48.43 NYS
10 Pine Bush-9 1:48.47 NYS
11 Horseheads-4 1:48.60 NYS
12 Burnt Hills-Scotia-2 1:48.68 NYS
13 Shenendehowa-2 1:48.75 NYS
14 Ossining-1 1:48.85 NYS
15 Bellmore-Merrick-8 1:48.92 NYS
16 Manhasset-8 1:49.25 NYS
17 Sayville-Bayport-BP-11 1:49.36 NYS
18 Horace Greeley-1 1:49.78 NYS
19 White Plains-1 1:49.82 NYS
20 Ward Melville-11 1:50.35 NYS
21 CBA-Syracuse-3 1:50.39 NYS
22 Rye-Rye Neck-Blind Brook-1 1:50.49 NYS
23 Benjamin N Cardozo-P 1:50.52 NYS
24 Brooklyn Technical-P 1:50.63 NYS
25 Smithtown-11 1:50.73 NYS
26 Owego Free Academy-4 1:50.77 NYS
27 Herricks-8 1:50.90 NYS
28 Clarkstown-1 1:51.03 NYS
29 East Hampton-11 1:51.05 NYS
30 Oceanside-8 1:51.08 NYS
31 Victor-Bloomfield-5 1:51.24 NYS
32 Niskayuna-2 1:51.53 NYS
33 East Aurora-6 1:51.76 NYS
34 Goshen-9 1:51.78 NYS
35 Ursuline-1 1:51.84 NYS
36 Guilderland-Voorheesville-2 1:51.95 NYS
37 Cornwall-9 1:52.00 NYS
38 John Jay Cross River-1 1:52.02 NYS
39 Fayetteville Manlius-3 1:52.08 NYS
40 Nardin-C 1:52.09 NYS
41 Jamesville DeWitt-3 1:52.15 NYS
42 The Mary Louis Academy-C 1:52.21 NYS
43 Canton-10 1:56.07
44 Peru-7 2:00.63

Event 2 Girls 200 Yard Freestyle

Federation: 1:46.73 2019 Chloe Stepanek, Northport (11)
 NYSPHSAA: 1:46.73 2019 Chloe Stepanek, Northport (11)
 1:48.74 AAA
 1:50.57 AAC
 1:57.24 NYS

Name	Year	School	Time	Grade
1	Chloe Stepanek	SR Northport-11	1:46.73	AAA
2	Cavan Gormsen	FR Sacred Heart-C	1:49.28	AAC
3	Molly Brennan	SR Pittsford-5	1:50.27	AAC
4	Kristin Cornish	JR Greeley-1	1:50.37	AAC
5	Orla Egan	JR Mary Louis Acad-C	1:50.42	AAC
6	Francesca Raimondi	JR Manhasset-8	1:50.90	NYS
7	Emily Gjertsen	SR Bronxville-Tuck-1	1:50.97	NYS
8	Sophia Karras	JR Herricks-8	1:50.99	NYS
9	Alexa Reyna	8 White Plains-1	1:51.36	NYS
10	Claire Weinstein	7 White Plains-1	1:52.15	NYS
11	Alexis Trietley	SO Olean-6	1:53.10	NYS
12	Briana Gellineau	SR St Anthonys-C	1:53.18	NYS
13	Madison Sargent	SO Victor-Bloomfld-5	1:53.40	NYS
14	Mary Kate Conway	SR Mohon-Schal-2	1:53.45	NYS
15	Amelia Hesler	SR Jamesville D-3	1:53.45	NYS
16	Isabel Nelson	SO Niskayuna-2	1:54.38	NYS
17	Kayla Newman	FR CBA-Syracuse-3	1:54.57	NYS
18	Rebecca Konop	FR Sacred Heart-C	1:54.72	NYS
19	Grace Dwyer	SO Clarkstown-1	1:54.91	NYS
20	Alexandra Uspenskaya	SR Clarkstown-1	1:54.92	NYS
21	Jennifer Gougelmann	SR Cro-Hud-Som-1	1:54.93	NYS
22	Rachel Love	SO Saratoga Springs-2	1:54.95	NYS
23	Mia Bonvissuto	SR Garden City-8	1:54.99	NYS
24	Elise Nishii-Kim	SO Ithaca-4	1:55.09	NYS
25	Danielle Carlson	SR Niagara Wheat-6	1:55.09	NYS
26	Emma Hoffman	JR Ballston Spa-2	1:55.19	NYS
27	Marley Zimmerman	SR Bellmore-Merrick-8	1:55.29	NYS
28	Willa Werwaiss	JR Emma Willard-2	1:55.31	NYS
29	Sara Ketron	FR BPWV-1	1:55.46	NYS
30	Alice Han	JR Shenendehowa-2	1:55.50	NYS
31	Emma Senglaub	JR Victor-Bloomfld-5	1:55.71	NYS
32	Kate Sommerstad	SO Port Jefferson-11	1:55.80	NYS
33	Suzanne Sokolowski	JR Webster-5	1:55.91	NYS
34	Ritaj El Ghissassi	SO Vestal-4	1:55.96	NYS
35	Meghan Corby	SR Pittsford-5	1:56.04	NYS
36	Sarah Conley	SR Orchard Park-6	1:56.08	NYS
37	Arielle Aney	SR Stuyvesant-P	1:56.46	NYS
38	Kathryn Shaw	SO Brighton-5	1:56.48	NYS
39	Grace Wood	SR Southwestern-6	1:56.49	NYS
40	Alana Brown	SR Garden City-8	1:56.56	NYS
41	Lindsay McCawley	JR Horseheads-4	1:56.65	NYS
42	Abby Funk	SO Greece-5	1:56.72	NYS
43	Amaya DiGiovanni	SR Mohon-Schal-2	1:56.75	NYS
44	Amanda Jurgelon	FR Mohon-Schal-2	1:56.85	NYS
45	Brooke Armstrong	8 Bellmore-Merrick-8	1:56.86	NYS
46	Emma McNulty	SO Mary Louis Acad-C	1:56.88	NYS
47	Kait Sweeney	8 Eastchester-1	1:56.96	NYS
48	Makayla Pearce	SO Sacred Heart-C	1:57.09	NYS
49	Brooke Haag	SO Massapequa-8	1:57.10	NYS
50	Katherine Kline	JR Washingtonville-9	1:58.11	
51	Emily McLane	SR Peru-7	2:06.18	
52	Grace O'Neill	JR Canton-10	2:10.70	

Event 3 Girls 200 Yard IM

Federation: 1:58.29 2005 Julia Smit - Mt. Sinai, Mount Sinai (11)
 NYSPHSAA: 1:58.29 2005 Julia Smit - Mt. Sinai, Mount Sinai (11)
 2:01.51 AAA
 2:03.64 AAC
 2:12.84 NYS

Name	Year	School
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1	Ava Franks	SR SHEDI-1	2:01.73	AAC
2	Kyra Sommerstad	SR Port Jefferson-11	2:03.01	AAC
3	Angelina Harris	JR Miller Place-11	2:03.99	NYS
4	Morgan Rinn	SR Oceanside-8	2:04.43	NYS
5	Sophia Verkleeren	JR Horseheads-4	2:05.09	NYS
6	Mary McKenna	FR St Anthonys-C	2:05.68	NYS
7	Lauren Kuzma	JR Garden City-8	2:05.78	NYS
8	Jessica Pryne	SR Cornwall-9	2:06.34	NYS
9	Megan Lee	JR Scarsdale-1	2:06.39	NYS
10	Ella Guilfoil	SO Fairport-5	2:06.69	NYS
11	Riley Gavigan	SR Ward Melville-11	2:06.78	NYS
12	Erin Ritz	SR Victor-Bloomfld-5	2:06.88	NYS
13	Alexa von Holtz	FR Mexico-3	2:07.53	NYS
14	Francesca Arciniegas	JR Clarkstown-1	2:07.60	NYS
15	Emily Blake	SO Orchard Park-6	2:08.11	NYS
16	Leah Treglia	FR Smithtown-11	2:09.21	NYS
17	Kiani Morisi	JR Massapequa-8	2:09.28	NYS
18	Madison So	FR Syosset-8	2:09.46	NYS
19	Lily DeBellis	SO Shaker-2	2:09.50	NYS
20	Kailey Simons	FR Herricks-8	2:09.52	NYS
21	Emma Hawkins	JR Victor-Bloomfld-5	2:09.78	NYS
22	Kasey Keaney	SR Guilderland-V-2	2:10.03	NYS
23	Kasey Mulholland	SO Manhasset-8	2:10.25	NYS
24	Lindsay Mathews	SR Fayetteville-3	2:10.36	NYS
25	Catherine Fan	SR Hunter College-P	2:10.43	NYS
26	Emily Grasso	JR Fox Lane-1	2:10.44	NYS
27	Elke Ott	SO SHEDI-1	2:10.44	NYS
28	Gillian Camperlengo	JR Ursuline-1	2:10.85	NYS
29	Emma Burke	SO New Hartford-3	2:10.89	NYS
30	Riley Fried	FR Bellmore-Merrick-8	2:10.90	NYS
31	Lucy Walker	FR Ardsley-Dobbs-1	2:10.92	NYS
32	Allie Bashor	JR Starpoint-6	2:10.96	NYS
33	Theresa Milio	SR SHEDI-1	2:11.03	NYS
34	Elena Mugno	SR Ursuline-1	2:11.15	NYS
35	Abigael O'Donnell	JR Duanesburg-BKW-2	2:11.15	NYS
36	Shannon Waryncia	JR Shenendehowa-2	2:11.31	NYS
37	Ariana Brattoli	JR Sacred Heart-C	2:11.59	NYS
38	Willa Royce-Roll	JR Ithaca-4	2:11.60	NYS
39	Chelsea Miao	JR East Meadow-8	2:11.60	NYS
40	Caitlin Knight	SR Port Washington-8	2:11.65	NYS
41	Ashley Benkert	JR Highland-9	2:11.77	NYS
42	Lauren Arnold	JR BPWV-1	2:12.11	NYS
43	Sara Plunkett	FR Manhasset-8	2:12.27	NYS
44	Katherine Ferreira	8 Bethlehem-2	2:12.33	NYS
45	Dana Witte	JR Webster-5	2:12.54	NYS
46	Jessica K Gordon	SR Shenendehowa-2	2:12.64	NYS
47	Kaitlyn Liu	8 Great Neck South-8	2:12.64	NYS
48	Zofia Trzewik-Quinn	JR New Paltz-9	2:12.70	NYS
49	Grace Kujawski	SR Rye-Neck-BBrock-1	2:12.73	NYS
50	Julie Filipski	SR Orchard Park-6	2:13.31	
51	Emily Lantry	SR St Lawrence-10	2:19.18	
52	Alexis Hathaway	FR Peru-7	2:25.46	

Event 4 Girls 50 Yard Freestyle

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Federation: 22.21 11/18/2016 Katherine Douglass, Pelham (1)
NYSPHSAA: 22.21 2016 Katherine Douglass, Pelham (1)
23.20 AAA
23.54 AAC
24.84 NYS

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Name Year School
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1	Catherine Stanford	SR Oceanside-8	22.92	AAA
2	Joan Cash	JR Sacred Heart-C	23.20	AAA
3	Briana Liew	SR Bayside-P	23.44	AAC
4	Serafina Viola	SR Penfield-5	23.66	NYS
5	Alexis Worrall	JR Victor-Bloomfld-5	23.74	NYS
6	Grace Kadlecik	JR Lansing-4	23.76	NYS
7	Nora Smillie	SO Pittsford-5	23.78	NYS

8	Mary Brinker	SR East Aurora-6	23.87	NYS
9	Shannon Danulevith	SR Farmingdale-8	23.90	NYS
10	Maggie Donlevy	JR Mary Louis Acad-C	24.05	NYS
11	Lente Geelen	SO Rye-Neck-BBrock-1	24.06	NYS
12	Megan Novak	JR Bethlehem-2	24.12	NYS
13	Ava Iannetta	JR White Plains-1	24.13	NYS
14	Lauren Castellani	SO Penfield-5	24.20	NYS
15	Elishka Hajek	SO Pine Bush-9	24.25	NYS
16	Stephanie Walsh	SR Bellmore-Merrick-8	24.27	NYS
17	Lauren Kelly	JR CBA-Syracuse-3	24.39	NYS
18	Maria Naccarella	SR Penfield-5	24.39	NYS
19	Sarah Kilburn	JR Watertown-3	24.42	NYS
20	Emma Zhu	SO Greeley-1	24.43	NYS
21	Sydney Sorbello	SR Bethlehem-2	24.43	NYS
22	Maiya Reinhart	SR Batavia-5	24.46	NYS
23	Stella Meyerhoeffer	SR Ossining-1	24.48	NYS
24	Grace Kanaley	SR Fairport-5	24.49	NYS
25	Lauren Lee	8 SHEDI-1	24.50	NYS
26	Katie Shoen	SR Owego-4	24.52	NYS
27	Katherine Hong	SR Herricks-8	24.52	NYS
28	Katie Wang	SR SHEDI-1	24.53	NYS
29	Mackenzie Thomas	SR Sayville-Bayport-11	24.53	NYS
30	Katherine Jones	JR Orchard Park-6	24.54	NYS
31	Antonia Licardi	SO Pine Bush-9	24.56	NYS
32	Gwen Gould	JR Port Washington-8	24.57	NYS
33	Allison Armistead	SR Valley Central-9	24.59	NYS
34	Emily Wentworth	JR Canton-10	24.59	NYS
35	Elizabeth Hahn	JR Brighton-5	24.61	NYS
36	Natalie Fosberg	JR Southwestern-6	24.66	NYS
37	Claire Gerdeman	JR Albany Academy-2	24.69	NYS
38	Mackenzie Fischer	SR Orchard Park-6	24.69	NYS
39	Sabrina Johnston	SO Greeley-1	24.70	NYS
40	Tenzing Gyasel	JR Millennium-P	24.76	NYS
41	Kymora Corbett	SR Midwood-P	24.77	NYS
42	Morgan Kingsley	SO Fayetteville-3	24.78	NYS
43	Brooke Pociask	SO Rhinebeck-9	24.79	NYS
44	Catherine Dean	FR Sacred Heart-C	24.80	NYS
45	Madeleine Wood	FR Saratoga Springs-2	24.82	NYS
46	Olivia Barnett	JR Peru-7	26.12	

Event 5 Girls 1 mtr Diving

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Federation:	561.80	1998	Cassandra Cardinell - Shaker, Shaker	(2)
NYSPHSAA:	561.80	1998	Cassandra Cardinell - Shaker, Shaker	(2)
	440.00	NYS		
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Name	Year	School		
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1	Madison Yager	SR Minisink Valley-9	562.40	
2	Lara Phipps	JR Pittsford-5	535.00	
3	Sophie Meuwissen	FR Fairport-5	528.70	
4	Katie Laverty	SR Rye-Neck-BBrock-1	528.15	
5	Anna Flanders	8 Albany HS-2	522.80	
6	Maddie Seltzer	JR Scarsdale-1	521.70	
7	Alice Diakova	SR Brighton-5	519.00	
8	Hayley Beutel	SR Smithtown-11	515.70	
9	Meghan Catherwood	JR Monroe-Woodbury-9	513.55	
10	Yasmin Hill	JR BPWV-1	499.05	
11	Lucia Salfi	SO Ithaca-4	495.15	
12	Elizabeth Tripp	SR Hamburg-6	492.75	
13	Lauren Mehta	JR Farmingdale-8	486.15	
14	Adelle Feeley	SR Saratoga Springs-2	485.80	
15	Maya Earleywine	SO Bethlehem-2	485.15	
16	Cassie Williams	SO Minisink Valley-9	482.60	
17	Kate Cooper	FR Pittsford-5	481.85	
18	Alexa Rizzo	SR Canandaigua-5	479.90	
19	Carleigh Schlissel	SR Suffern-1	475.50	
20	Leah Levin	JR Monroe-Woodbury-9	474.20	
21	Ashley LeClaire	SO Webster-5	472.90	
22	Robyn Arnason	SO Bethlehem-2	471.65	

23	Jade Liguori	JR Warwick-9	471.35
24	Rachel Yang	8 Jericho-8	468.40
25	Madeline Thorne	SR Cicero No Syr-3	467.35
26	Morgan Cassidy	SO Connetquot-11	464.10
27	Elizabeth Pucci-Schaefer	7 Fredonia-6	458.32
28	Regan Arnold	SR Cornwall-9	457.05
29	Natalie Carbone	SR Nyack-1	455.50
30	Giavana Smith	JR Emma Willard-2	454.10
31	Lizzy Tirado	SO White Plains-1	452.55
32	Victoria Kotalik	FR Brighton-5	450.85
33	Ava DeFelice	JR Cornwall-9	450.85
34	Molly Crowley	8 Monroe-Woodbury-9	450.40
35	Kaitlyn Carroll	FR Cicero No Syr-3	448.80
36	Hope Marshall	SR Panama-6	447.30
37	Brooke Eichel	JR Grand Island-6	445.85
38	Kailee Payne	JR Ithaca-4	445.60
39	Renee Maslak	SR Saratoga Springs-2	444.20
40	Emma Dicob	SO Beaver River-3	443.10
41	Taylor Roberts	SR Corning-4	442.10
42	Sophia Karaev	FR Hunter College-P	335.00

Event 6 Girls 100 Yard Butterfly

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Federation: 53.13 11/19/2016 Kristen Romano, Long Beach (8)
NYSPHSAA: 53.13 2016 Kristen Romano, Long Beach (8)
           54.42 AAA
           55.49 AAC
           1:00.02 NYS

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Name	Year	School		
1	Tess Howley	FR Sacred Heart-C	53.42	AAA
2	Megan Deuel	SR Pittsford-5	54.25	AAA
3	Joy Jiang	JR Scarsdale-1	55.65	NYS
4	Ming Na Xu	FR Brighton-5	56.21	NYS
5	Morgan Rinn	SR Oceanside-8	56.35	NYS
6	Erin Ritz	SR Victor-Bloomfld-5	56.55	NYS
7	Alexa von Holtz	FR Mexico-3	56.59	NYS
8	Ashley Benkert	JR Highland-9	56.67	NYS
9	Denise Phelan	SO Northport-11	56.93	NYS
10	Madison So	FR Syosset-8	57.04	NYS
11	Allie Bashor	JR Starpoint-6	57.09	NYS
12	Jackie Triglia	JR West Islip-11	57.11	NYS
13	Yilinna Collmar	SO Bronx Science-P	57.12	NYS
14	Gaby McIntyre	JR Manhasset-8	57.26	NYS
15	Darien Tompkins	JR CBA-Syracuse-3	57.29	NYS
16	Lauren Levy	SO Buffalo Seminary-C	57.42	NYS
17	Demi Bobarakis	SR Niskayuna-2	57.43	NYS
18	Sinceraty Alexander	JR Ossining-1	57.52	NYS
19	Jenna Pryne	SO Cornwall-9	57.68	NYS
20	Francesca Arciniegas	JR Clarkstown-1	57.74	NYS
21	Mary Kate Conway	SR Mohon-Schal-2	57.79	NYS
22	Lauren Romanick	SR Pittsford-5	57.91	NYS
23	Kiara Kennedy	SO South Side-8	57.93	NYS
24	Emma Senglaub	JR Victor-Bloomfld-5	58.05	NYS
25	Emma Hawkins	JR Victor-Bloomfld-5	58.07	NYS
26	Isabella Chiulli	JR Ursuline-1	58.15	NYS
27	Hazel Wilkins	SR Bellmore-Merrick-8	58.21	NYS
28	Riley Fried	FR Bellmore-Merrick-8	58.30	NYS
29	Paige Salmon	JR Orchard Park-6	58.34	NYS
30	Mia Bogulski	SO Orchard Park-6	58.46	NYS
31	Elke Ott	SO SHEDI-1	58.47	NYS
32	Elle Noecker	8 Eden-6	58.48	NYS
33	Ritaj El Ghissassi	SO Vestal-4	58.50	NYS
34	Madeline Ferreira	SO Bethlehem-2	58.58	NYS
35	Olivia Brown	8 Kings Park-11	58.60	NYS
36	Brenna Horan	JR Sayville-Bayport-11	58.62	NYS
37	Emma Burke	SO New Hartford-3	58.64	NYS
38	Saige Kazlauskas	SO Smithtown-11	58.65	NYS
39	Sophia Swanson	SR East Hampton-11	58.81	NYS

40	Angelina McKane	8 Corning-4	58.84	NYS
41	Shannon Waryncia	JR Shenendehowa-2	58.96	NYS
42	Isabella Mikulec	SO Orchard Park-6	59.01	NYS
43	Praise Okodogbe	FR St John-C	59.05	NYS
44	Annabelle Kung	FR BPWV-1	59.06	NYS
45	Sarah Sucher	SR Brooklyn Tech-P	59.09	NYS
46	Isabella Paez	SO Greeley-1	59.10	NYS
47	Abigail Sellnow	FR Mohon-Schal-2	59.12	NYS
48	Ava Rosen	SR Highland-9	59.22	NYS
49	Olivia Lind	JR JohnJayCrossRivr-1	59.25	NYS
50	Melanie Sanchez	JR Ursuline-1	59.25	NYS
51	Brooke Sommo	SO Guilderland-V-2	59.25	NYS
52	Sarah Cooper	JR Pittsford-5	59.31	NYS
53	Kya Pawli	SR Frontier-6	59.32	NYS
54	Alise Hale	JR Niskayuna-2	59.36	NYS
55	Emily Herr	7 Shoreham-WR-11	59.36	NYS
56	Jiaqi Zhu	JR Townsend Harris-P	59.38	NYS
57	Luisa Nierhoff	SO White Plains-1	59.45	NYS
58	Alicia Wood	JR Irondequoit-5	59.50	NYS
59	Maiya Reinhart	SR Batavia-5	59.59	NYS
60	Kennidi TenEyck	JR Horseheads-4	59.61	NYS
61	Madison Kramer	JR Frewsburg-6	59.61	NYS
62	Willa Royce-Roll	JR Ithaca-4	59.62	NYS
63	Gillian Camperlengo	JR Ursuline-1	59.64	NYS
64	Anna Bearor	SO Queensbury-2	59.67	NYS
65	Grace Kanaley	SR Fairport-5	59.84	NYS
66	Robyn Lemieux	SR Arlington-1	59.87	NYS
67	Brooke Pociask	SO Rhinebeck-9	59.87	NYS
68	Sophia Allan	SR SHEDI-1	59.89	NYS
69	Anne Kealy	SR Pittsford-5	59.89	NYS
70	Natalie Peng	SO SHEDI-1	59.90	NYS
71	Makenna O'Brien	8 Northport-11	59.90	NYS
72	Alexis Gibson	8 Schenectady-2	59.92	NYS
73	Emma Luttrell	SO Fayetteville-3	59.95	NYS
74	Anya Pabby	JR Scarsdale-1	59.96	NYS
75	Celeste Keyes	JR Spencerport-5	59.97	NYS
76	Nicole Marchese	SR Nardin-C	59.97	NYS
77	Sophie Swain	SR BH-SC-2	59.98	NYS
78	Jordan Carpentieri	FR Sayville-Bayport-11	59.98	NYS
79	Bailey Wiegand	JR Kenmore-6	59.99	NYS
80	Erin Quinlan	JR Lynbrook-8	59.99	NYS
81	Sara Szydziak	SR Islip-11	59.99	NYS
82	Victoria Carroll	SR Garden City-8	1:00.00	NYS
83	Julia Domena	SR Canton-10	1:00.88	
84	Olivia Barnett	JR Peru-7	1:05.75	

Event 7 Girls 100 Yard Freestyle

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Federation: 48.54 11/19/2016 Katherine Douglass, Pelham (1)
NYSPHSAA: 48.54 2016 Katherine Douglass, Pelham (1)
50.19 AAA
51.05 AAC
54.36 NYS

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Name	Year	School		
1	Chloe Stepanek	SR Northport-11	49.81	AAA
2	Catherine Stanford	SR Oceanside-8	50.08	AAA
3	Joan Cash	JR Sacred Heart-C	50.67	AAC
4	Maggie Donlevy	JR Mary Louis Acad-C	51.29	NYS
5	Megan Novak	JR Bethlehem-2	51.91	NYS
6	Grace Kadlecik	JR Lansing-4	51.92	NYS
7	Alexis Worrall	JR Victor-Bloomfld-5	51.93	NYS
8	Serafina Viola	SR Penfield-5	51.98	NYS
9	Alicia Wood	JR Irondequoit-5	52.07	NYS
10	Alexis Trietley	SO Olean-6	52.10	NYS
11	Briana Gellineau	SR St Anthonys-C	52.36	NYS
12	Nora Smillie	SO Pittsford-5	52.39	NYS
13	Madison Sargent	SO Victor-Bloomfld-5	52.46	NYS
14	Stephanie Walsh	SR Bellmore-Merrick-8	52.47	NYS

15	Julienne Saliou	SO Harborfields-11	52.57	NYS
16	Amelia Hesler	SR Jamesville D-3	52.59	NYS
17	Dana Witte	JR Webster-5	52.61	NYS
18	Kathryn Montefusco	FR Huntington-W-11	52.70	NYS
19	Mia Bonvissuto	SR Garden City-8	52.95	NYS
20	Sarah Conley	SR Orchard Park-6	53.08	NYS
21	Antonia Licardi	SO Pine Bush-9	53.14	NYS
22	Maria Pignatelli	SO Maine-Endwell-4	53.19	NYS
23	Arielle Aney	SR Stuyvesant-P	53.27	NYS
24	Lente Geelen	SO Rye-Neck-BBrock-1	53.28	NYS
25	Elishka Hajek	SO Pine Bush-9	53.33	NYS
26	Ella Guilfoil	SO Fairport-5	53.34	NYS
27	Isabella Paez	SO Greeley-1	53.37	NYS
28	Lauren Lee	8 SHEDI-1	53.42	NYS
29	Shaylea Triller	JR Newburgh-9	53.49	NYS
30	Katie Wang	SR SHEDI-1	53.60	NYS
31	Sarah Kilburn	JR Watertown-3	53.60	NYS
32	Sara Ketron	FR BPWV-1	53.66	NYS
33	Amanda Jurgelon	FR Mohon-Schal-2	53.71	NYS
34	Emma Hoffman	JR Ballston Spa-2	53.72	NYS
35	Corinne Pepper	JR Ballston Spa-2	53.72	NYS
36	Danielle Carlson	SR Niagara Wheat-6	53.72	NYS
37	Lucy Walker	FR Ardsley-Dobbs-1	53.78	NYS
38	Sophia Swanson	SR East Hampton-11	53.78	NYS
39	Kymora Corbett	SR Midwood-P	53.81	NYS
40	Kate Hoesterey	SO SHEDI-1	53.82	NYS
41	Elizabeth Hahn	JR Brighton-5	53.82	NYS
42	Catherine Dean	FR Sacred Heart-C	53.83	NYS
43	Katherine Jones	JR Orchard Park-6	53.84	NYS
44	Amaya DiGiovanni	SR Mohon-Schal-2	53.85	NYS
45	Madison Connor	FR Garden City-8	53.88	NYS
46	Katie Shoen	SR Owego-4	53.92	NYS
47	Maggie Hartman	JR Bethlehem-2	53.93	NYS
48	Sydney DeLapp	SO Oswego-3	53.93	NYS
49	Anna Bernasconi	SR Bethlehem-2	53.94	NYS
50	Emily Blake	SO Orchard Park-6	53.98	NYS
51	Lara Geelen	SR Rye-Neck-BBrock-1	54.04	NYS
52	Nina Chicatelli	SR Niskayuna-2	54.07	NYS
53	Gwen Gould	JR Port Washington-8	54.09	NYS
54	Ashley Piacentino	FR JohnJayCrossRivr-1	54.10	NYS
55	Saige Kazlauskas	SO Smithtown-11	54.11	NYS
56	Courtney Reilly	SR Fox Lane-1	54.13	NYS
57	Ava Iannetta	JR White Plains-1	54.19	NYS
58	Michaela Rutigliano	JR St Anthonys-C	54.25	NYS
59	Grace Wood	SR Southwestern-6	54.30	NYS
60	Emily Wentworth	JR Canton-10	54.69	
61	Ella Garrow	FR Peru-7	58.12	

Event 8 Girls 500 Yard Freestyle

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Federation: 4:46.80 2016 Lindsay Stone - Pittsford, Pittsford (5)
NYSPHSAA: 4:46.80 2016 Lindsay Stone - Pittsford, Pittsford (5)
4:52.18 AAA
4:56.85 AAC
5:14.65 NYS

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	Name	Year	School		
1	Cavan Gormsen	FR	Sacred Heart-C	4:49.39	AAA
2	Alexa Reyna	8	White Plains-1	4:51.47	AAA
3	Sophia Karras	JR	Herricks-8	4:52.79	AAC
4	Emily Gjertsen	SR	Bronxville-Tuck-1	4:53.00	AAC
5	Mary McKenna	FR	St Anthonys-C	4:54.42	AAC
6	Molly Brennan	SR	Pittsford-5	4:56.22	AAC
7	Jessica Pryne	SR	Cornwall-9	4:57.76	NYS
8	Orla Egan	JR	Mary Louis Acad-C	4:58.70	NYS
9	Francesca Raimondi	JR	Manhasset-8	5:00.31	NYS
10	Claire Weinstein	7	White Plains-1	5:01.32	NYS
11	Suzanne Sokolowski	JR	Webster-5	5:03.96	NYS
12	Rebecca Konop	FR	Sacred Heart-C	5:04.34	NYS

13	Alana Brown	SR Garden City-8	5:04.53	NYS
14	Willa Werwaiss	JR Emma Willard-2	5:04.71	NYS
15	Alison Sposili	JR Shenendehowa-2	5:05.11	NYS
16	Kya Pawli	SR Frontier-6	5:05.59	NYS
17	Kiani Morisi	JR Massapequa-8	5:06.07	NYS
18	Jennifer Gougelmann	SR Cro-Hud-Som-1	5:07.07	NYS
19	Marley Zimmerman	SR Bellmore-Merrick-8	5:07.08	NYS
20	Madeline Competello	SR Port Washington-8	5:07.84	NYS
21	Melissa Carouso	SR Greeley-1	5:08.96	NYS
22	Rachel Love	SO Saratoga Springs-2	5:08.98	NYS
23	Katherine Ferreira	8 Bethlehem-2	5:09.02	NYS
24	Brooke Haag	SO Massapequa-8	5:09.33	NYS
25	Makayla Pearce	SO Sacred Heart-C	5:09.68	NYS
26	Abby Funk	SO Greece-5	5:09.72	NYS
27	Erin DeHollander	FR Victor-Bloomfld-5	5:10.05	NYS
28	Kristin Cornish	JR Greeley-1	5:10.21	NYS
29	Lindsay McCawley	JR Horseheads-4	5:10.36	NYS
30	Alexandra Uspenskaya	SR Clarkstown-1	5:10.76	NYS
31	Kayla Newman	FR CBA-Syracuse-3	5:10.85	NYS
32	Kate Sommerstad	SO Port Jefferson-11	5:10.93	NYS
33	Lauren Arnold	JR BPWV-1	5:11.43	NYS
34	Kate Anderson	FR SHEDI-1	5:11.50	NYS
35	Meghan Corby	SR Pittsford-5	5:11.88	NYS
36	Emma McNulty	SO Mary Louis Acad-C	5:12.01	NYS
37	Kathryn Shaw	SO Brighton-5	5:12.20	NYS
38	Veronica Gelfand	8 Bellmore-Merrick-8	5:12.41	NYS
39	Anna Ketron	SR BPWV-1	5:12.45	NYS
40	Kait Sweeney	8 Eastchester-1	5:12.65	NYS
41	Katie Senglaub	JR Victor-Bloomfld-5	5:12.72	NYS
42	Lillian Murphy	JR Sacred Heart-C	5:12.86	NYS
43	Sophia Burda	SR Arlington-1	5:12.93	NYS
44	Grace Dwyer	SO Clarkstown-1	5:13.20	NYS
45	Daniella Condon	FR New Rochelle-1	5:13.54	NYS
46	Lindsay Mathews	SR Fayetteville-3	5:13.57	NYS
47	Isabel Nelson	SO Niskayuna-2	5:14.04	NYS
48	Sofia Giordano	FR Manhasset-8	5:14.24	NYS
49	Samantha Sands	8 Shenendehowa-2	5:14.26	NYS
50	Emma Anderson	SO Manhasset-8	5:14.47	NYS
51	Jessica Crane	8 JohnJayCrossRivr-1	5:14.61	NYS
52	Meghan Wurster	JR Newburgh-9	5:14.61	NYS
53	Sophia Mitchell	SR Brooklyn Tech-P	5:26.88	
54	Emily Lantry	SR St Lawrence-10	5:33.28	
55	Allison McCormick	JR AuSable Valley-7	5:41.19	

Event 9 Girls 200 Yard Freestyle Relay

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Federation:	1:33.77	2015	Pittsford (5)
			B.Evans, E.Corby, L.Stone, K.Smith
NYSPHSAA:	1:33.77	2015	Pittsford (5)
			B.Evans, E.Corby, L.Stone, K.Smith
	1:35.36	AAA	
	1:36.94	AAC	
	1:41.69	NYS	
School			
=====			
1	Sleepy-Hastings-Edgemont-Irvin-1	1:36.51	AAC
2	Victor-Bloomfield-5	1:36.59	AAC
3	Sacred Heart Academy-C	1:37.60	NYS
4	Pittsford-5	1:37.69	NYS
5	Horace Greeley-1	1:37.89	NYS
6	Orchard Park-6	1:37.97	NYS
7	Bethlehem-2	1:38.31	NYS
8	Pine Bush-9	1:38.38	NYS
9	Penfield-5	1:38.40	NYS
10	St Anthonys-C	1:38.79	NYS
11	White Plains-1	1:39.14	NYS
12	Northport-Commack-11	1:39.21	NYS
13	Ossining-1	1:39.24	NYS
14	Fairport-5	1:39.46	NYS

15	Bellmore-Merrick-8	1:39.54	NYS
16	Ithaca-4	1:39.74	NYS
17	Webster-5	1:39.81	NYS
18	Manhasset-8	1:39.81	NYS
19	Mohonasen-Schalmont-2	1:39.86	NYS
20	Fayetteville Manlius-3	1:39.90	NYS
21	Nardin-C	1:39.92	NYS
22	Brighton-5	1:40.09	NYS
23	Horseheads-4	1:40.15	NYS
24	The Mary Louis Academy-C	1:40.15	NYS
25	Garden City-8	1:40.28	NYS
26	Stuyvesant-P	1:40.29	NYS
27	Herricks-8	1:40.32	NYS
28	Albany Academy-2	1:40.34	NYS
29	Jamesville DeWitt-3	1:40.38	NYS
30	Rye-Rye Neck-Blind Brook-1	1:40.40	NYS
31	Shenendehowa-2	1:40.59	NYS
32	Scarsdale-1	1:40.60	NYS
33	Valley Central-9	1:40.72	NYS
34	Buffalo Seminary-Nichols-C	1:40.84	NYS
35	Frontier-6	1:40.95	NYS
36	Burnt Hills-Scotia-2	1:41.05	NYS
37	Watertown-3	1:41.10	NYS
38	Smithtown-11	1:41.12	NYS
39	East Hampton-11	1:41.20	NYS
40	Millennium-P	1:41.21	NYS
41	Washingtonville-9	1:41.33	NYS
42	East Aurora-6	1:41.38	NYS
43	Niskayuna-2	1:41.41	NYS
44	Bronxville-Tuckahoe-1	1:41.42	NYS
45	Fox Lane-1	1:41.42	NYS
46	Ursuline-1	1:41.43	NYS
47	Port Washington-8	1:41.44	NYS
48	Cicero North Syracuse-3	1:41.56	NYS
49	Mexico Academy-3	1:41.56	NYS
50	New Paltz-9	1:41.57	NYS
51	West Genesee-3	1:41.60	NYS
52	Oswego-3	1:41.61	NYS
53	Peru-7	1:45.05	
54	Canton-10	1:47.25	

Event 10 Girls 100 Yard Backstroke

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Federation: 53.36 11/19/2016 Kristen Romano, Long Beach (8)
NYSPPHSA: 53.36 2016 Kristen Romano, Long Beach (8)
          54.80 AAA
          55.92 AAC
          1:00.42 NYS

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Name	Year	School	Time	State		
1	Tess	Howley	FR	Sacred Heart-C	54.64	AAA
2	Kyra	Sommerstad	SR	Port Jefferson-11	55.94	NYS
3	Kiara	Kennedy	SO	South Side-8	56.20	NYS
4	Joy	Jiang	JR	Scarsdale-1	56.22	NYS
5	Sophia	Verkleeren	JR	Horseheads-4	56.56	NYS
6	Megan	Deuel	SR	Pittsford-5	56.62	NYS
7	Riley	Gavigan	SR	Ward Melville-11	56.90	NYS
8	Julienne	Saliou	SO	Harborfields-11	57.03	NYS
9	Katherine	Hong	SR	Herricks-8	57.21	NYS
10	Kailey	Simons	FR	Herricks-8	57.50	NYS
11	Leah	Treglia	FR	Smithtown-11	57.59	NYS
12	Ming Na	Xu	FR	Brighton-5	57.61	NYS
13	Olivia	Lind	JR	JohnJayCrossRivr-1	57.63	NYS
14	Mackenzie	Thomas	SR	Sayville-Bayport-11	57.67	NYS
15	Briana	Liew	SR	Bayside-P	57.77	NYS
16	Catherine	Fan	SR	Hunter College-P	57.79	NYS
17	Maria	Naccarella	SR	Penfield-5	57.97	NYS
18	Linnea	Braun	SO	Pittsford-5	57.98	NYS
19	Caitlin	Knight	SR	Port Washington-8	58.18	NYS

20	Alice Han	JR Shenendehowa-2	58.34	NYS
21	Jenna Pryne	SO Cornwall-9	58.54	NYS
22	Emma Zhu	SO Greeley-1	58.70	NYS
23	Madison Kramer	JR Frewsburg-6	58.89	NYS
24	Isabella Mikulec	SO Orchard Park-6	58.94	NYS
25	Maria Burtseva	SR James Madison-P	58.95	NYS
26	Grace Thomas	SR Shenendehowa-2	58.99	NYS
27	Sabrina Johnston	SO Greeley-1	59.03	NYS
28	Isabella Defonte	SR Long Beach-8	59.03	NYS
29	Ally Frame	SO BH-SC-2	59.09	NYS
30	Abigael O'Donnell	JR Duanesburg-BKW-2	59.20	NYS
31	Stella Meyerhoeffler	SR Ossining-1	59.27	NYS
32	Anya Pabby	JR Scarsdale-1	59.27	NYS
33	Annie Ritter	JR Pittsford-5	59.28	NYS
34	Emma Carolan	JR Tappan Zee-1	59.33	NYS
35	Sarah Tsai	SO Great Neck North-8	59.36	NYS
36	Sarah Sucher	SR Brooklyn Tech-P	59.50	NYS
37	Carolyn Blenk	SR New Rochelle-1	59.56	NYS
38	Yilina Collmar	SO Bronx Science-P	59.72	NYS
39	Lily DeBellis	SO Shaker-2	59.88	NYS
40	Ashley Felber	SR Clarence-6	59.90	NYS
41	Lydia Chen	SO Mamaroneck-1	59.94	NYS
42	Lauren Castellani	SO Penfield-5	59.98	NYS
43	Gwendolyn Lindberg	SR Ithaca-4	59.99	NYS
44	Arabella Pompay	SO St Anthonys-C	1:00.00	NYS
45	Sara Plunkett	FR Manhasset-8	1:00.01	NYS
46	Samantha Hufcut	SR Pine Bush-9	1:00.01	NYS
47	Kyla Guilfoil	SR Fairport-5	1:00.05	NYS
48	Michaela Rutigliano	JR St Anthonys-C	1:00.07	NYS
49	Olivia Klein	SR Wlmsvl North-6	1:00.19	NYS
50	Katie Lew	JR Garden City-8	1:00.20	NYS
51	Megan Jermak	JR Nardin-C	1:00.22	NYS
52	Jackie Triglia	JR West Islip-11	1:00.23	NYS
53	Darien Tompkins	JR CBA-Syracuse-3	1:00.24	NYS
54	Alexandra Kassian	JR Rondout Valley-9	1:00.25	NYS
55	Germaeyne Chau	JR Cardozo-P	1:00.27	NYS
56	Amanda Macey	SR Shenendehowa-2	1:00.29	NYS
57	Maya Marcyan	SO Lewiston-Porter-6	1:00.38	NYS
58	Nina Chicatelli	SR Niskayuna-2	1:00.40	NYS
59	Victoria Carroll	SR Garden City-8	1:00.40	NYS
60	Natalie Fosberg	JR Southwestern-6	1:00.42	NYS
61	Olivia Schlegel	FR Port Jefferson-11	1:00.42	NYS
62	Isabella Jaskowski	SR Canton-10	1:04.17	
63	Sydney Barnett	FR Peru-7	1:05.49	

Event 11 Girls 100 Yard Breaststroke

=====				
Federation:	59.85	11/19/2016	Margaret Aroesty, Long Beach (8)	
NYSPHSAA:	59.85	2016	Margaret Aroesty, Long Beach (8)	
	1:02.58	AAA		
	1:03.80	AAC		
	1:08.60	NYS		
Name		Year	School	
=====				
1	Denise Phelan	SO	Northport-11	1:02.65 AAC
2	Ava Franks	SR	SHEDI-1	1:03.78 AAC
3	Angelina Harris	JR	Miller Place-11	1:03.83 NYS
4	Lauren Kuzma	JR	Garden City-8	1:04.00 NYS
5	Theresa Milio	SR	SHEDI-1	1:04.21 NYS
6	Kathryn Montefusco	FR	Huntington-W-11	1:05.22 NYS
7	Catherine Graham	SR	F.D. Roosevelt-9	1:05.50 NYS
8	Megan Lee	JR	Scarsdale-1	1:05.87 NYS
9	Sydney Sorbello	SR	Bethlehem-2	1:06.29 NYS
10	Sarah Cooper	JR	Pittsford-5	1:06.33 NYS
11	Lauren Kelly	JR	CBA-Syracuse-3	1:06.41 NYS
12	Gaby McIntyre	JR	Manhasset-8	1:06.54 NYS
13	Jessica Humby	SO	Hamburg-6	1:06.57 NYS
14	Ariana Brattoli	JR	Sacred Heart-C	1:06.58 NYS
15	Kasey Keaney	SR	Guilderland-V-2	1:06.69 NYS

16	Mackenzie Fischer	SR Orchard Park-6	1:06.69	NYS
17	Grace Kujawski	SR Rye-Neck-BBrock-1	1:06.70	NYS
18	Erin DeHollander	FR Victor-Bloomfld-5	1:07.09	NYS
19	Emily Yu	SR Shaker-2	1:07.17	NYS
20	Elle Noecker	8 Eden-6	1:07.18	NYS
21	Emily Grasso	JR Fox Lane-1	1:07.27	NYS
22	Victoria Spacciapolli	SO Fredonia-6	1:07.28	NYS
23	Maria Pignatelli	SO Maine-Endwell-4	1:07.53	NYS
24	Chelsea Miao	JR East Meadow-8	1:07.59	NYS
25	Anna Bernasconi	SR Bethlehem-2	1:07.67	NYS
26	Lindsey Rice	SO Chenango Valley-4	1:07.68	NYS
27	Annie Shih	JR Goshen-9	1:07.72	NYS
28	Alexandra Kassian	JR Rondout Valley-9	1:07.76	NYS
29	Alison Sposili	JR Shenendehowa-2	1:07.87	NYS
30	Kathryn Brady	JR Sayville-Bayport-11	1:07.92	NYS
31	Corinne Pepper	JR Ballston Spa-2	1:07.95	NYS
32	Natalie Kassirer	8 Orchard Park-6	1:08.16	NYS
33	Mackenzie Gula	8 Pine Bush-9	1:08.21	NYS
34	Jane Brierley	FR East Hampton-11	1:08.27	NYS
35	Olivia Brown	8 Kings Park-11	1:08.33	NYS
36	Morgan Kingsley	SO Fayetteville-3	1:08.37	NYS
37	Melanie White	SO Iroquois-6	1:08.39	NYS
38	Cara Cordova	JR Sewanhaka-8	1:08.41	NYS
39	Kennidi TenEyck	JR Horseheads-4	1:08.43	NYS
40	Julie Filipski	SR Orchard Park-6	1:08.46	NYS
41	Jessica K Gordon	SR Shenendehowa-2	1:08.50	NYS
42	Ashleigh Parsons	SR Marcus Whitman-5	1:08.50	NYS
43	AvaGrace Monti	FR Sachem East-11	1:08.50	NYS
44	Bridget Zagrobelny	JR East Aurora-6	1:08.56	NYS
45	Scarlett Ulatowski	SO Victor-Bloomfld-5	1:08.57	NYS
46	Paige Eaton	SR Mercy-5	1:08.57	NYS
47	Fayanne Smith-Salzberg	FR Millennium-P	1:08.93	
48	Julia Domena	SR Canton-10	1:12.07	
49	Emily McLane	SR Peru-7	1:12.90	

Event 12 Girls 400 Yard Freestyle Relay

=====				
Federation:	3:25.24	2015	Pittsford (5)	
			L.Stone, E.Corby, B.Evans, K.Smith	
NYSPHSAA:	3:25.24	2015	Pittsford (5)	
			L.Stone, E.Corby, B.Evans, K.Smith	
	3:27.65	AAA		
	3:31.02	AAC		
	3:42.73	NYS		
School				
=====				
1	Pittsford-5		3:29.86	AAC
2	Victor-Bloomfield-5		3:29.92	AAC
3	Horace Greeley-1		3:32.08	NYS
4	Sacred Heart Academy-C		3:32.96	NYS
5	Bethlehem-2		3:34.35	NYS
6	Mohonasen-Schalmont-2		3:34.51	NYS
7	Sleepy-Hastings-Edgemont-Irvin-1		3:34.89	NYS
8	White Plains-1		3:35.69	NYS
9	Bellmore-Merrick-8		3:35.88	NYS
10	Orchard Park-6		3:36.20	NYS
11	Niskayuna-2		3:36.58	NYS
12	CBA-Syracuse-3		3:36.76	NYS
13	Scarsdale-1		3:37.14	NYS
14	Penfield-5		3:37.70	NYS
15	Ossining-1		3:37.73	NYS
16	St Anthonys-C		3:38.13	NYS
17	Shenendehowa-2		3:38.63	NYS
18	Garden City-8		3:38.67	NYS
19	Webster-5		3:38.70	NYS
20	Cornwall-9		3:39.14	NYS
21	Brighton-5		3:39.25	NYS
22	Oceanside-8		3:39.39	NYS
23	Ithaca-4		3:39.45	NYS

24	Ward Melville-11	3:39.48	NYS
25	Smithtown-11	3:39.68	NYS
26	Manhasset-8	3:39.81	NYS
27	John Jay Cross River-1	3:39.91	NYS
28	Clarkstown-1	3:40.08	NYS
29	Stuyvesant-P	3:40.16	NYS
30	Northport-Commack-11	3:40.17	NYS
31	Fayetteville Manlius-3	3:40.43	NYS
32	The Mary Louis Academy-C	3:40.58	NYS
33	Starpoint-6	3:40.84	NYS
34	Bronxville-Tuckahoe-1	3:40.91	NYS
35	Fox Lane-1	3:41.02	NYS
36	Frontier-6	3:41.08	NYS
37	Washingtonville-9	3:41.11	NYS
38	Fairport-5	3:41.23	NYS
39	Port Washington-8	3:41.29	NYS
40	Pine Bush-9	3:41.31	NYS
41	Sayville-Bayport-BP-11	3:41.65	NYS
42	Briarcliff-Pville-WLake-Valh-1	3:42.00	NYS
43	Brooklyn Technical-P	3:42.13	NYS
44	Syosset-8	3:42.52	NYS
45	Plattsburgh-7	3:57.16	
46	Malone-10	3:57.77	

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