

Pittsford S'Women

Informational Packet 2011

"We make it happen."



2011 Pittsford S'Women Meet Schedule

Day	Date	Opponent	Location	Time
Thursday	September 8 th	Honeoye Falls-Lima	HFL	4:30 ^{PM}
Saturday	September 10 th	Hilton Invite	Merton Williams MS	2:00 ^{PM}
Tuesday	September 13 th	Victor	Mendon HS	4:30 ^{PM}
Tuesday	September 20 th	Hilton	Merton Williams MS	4:30 ^{PM}
Thursday	September 22 nd	Canandaigua	Mendon HS	4:30 ^{PM}
Saturday	September 24 th	New Hartford Invite	New Hartford	12:00 ^{PM}
Saturday	October 1 st	Empire Invite	RIT	TBA
Tuesday	October 4 th	Rush Henrietta	Rush Henrietta HS	4:30 ^{PM}
Tuesday	October 11 th	Penfield	Penfield HS	4:30 ^{PM}
Thursday	October 13 th	Webster	WAC	4:30 ^{PM}
Tuesday	October 18 th	Fairport	Mendon HS	4:30 ^{PM}
Thursday	October 20 th	Irondequoit	Mendon HS	4:30 ^{PM}
Saturday	October 22 nd	M.C.C.I.	WAC	10:00 ^{AM}
Saturday	October 22 nd	M.C.C.I.	WAC	4:30 ^{PM}
Saturday	October 29 th	Sectional Diving	Gates-Chili	10:00 ^{AM}
Wednesday	November 2 nd	Sectional Prelims	WAC	5:00 ^{PM}
Friday	November 4 th	Sectional Finals	WAC	5:15 ^{PM}
Friday	November 18 th	State Prelims	ECC	TBA
Saturday	November 19 th	State Finals	ECC	TBA

Psyche Parties

Hosts Provide Drinks (no soda) and hot meal

Saturday, August 27th -- Preseason Sleepover

@ Jenny Riley's house, 82 Mahogany Run

Last Names A-G: \$5*

H-L: Snacks & Chips

M-R: Half dozen bagels each & cream cheese

Q-Z: Juice for Breakfast

Monday, September 12th -- Victor Psyche Party

@ Jennifer and Danielle Proper's house, 11 Arbor Creek Drive

Last Names A-G: Dessert

H-L: \$5*

M-R: Snacks & Chips

Q-Z: Fruit/Vegetables, or salad

Wednesday, September 21st -- Canandaigua Psyche Party

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Last Names A-G: Fruit/Vegetables, or salad

H-L: Dessert

M-R: \$5*

Q-Z: Snacks & Chips

Monday, October 17th -- Fairport Psyche Party

@ Sydney Ryan's House, 25 Framingham Lane

Last Names A-G: Snacks & Chips

H-L: Fruit/Vegetables, or salad

M-R: Dessert

Q-Z: \$5*

*The five dollar contribution is given to the host family to help pay for the meal

Party Locations & Directions

Jenny & Stephe Riley - 82 Mahogany Run

1. Turn left out of MHS onto Mendon Road
2. Turn right onto W Bloomfield Road
3. Turn right onto Barker Road
4. Turn left onto Mendon center Road
5. Turn right onto Turning Leaf Drive
6. Turn right onto Mahogany run

Jennifer & Danielle Proper - 11 Arbor Creek Drive

1. Turn left out of MHS onto Mendon Road
2. Turn left onto Thornell Road
3. Turn right onto East Street
4. Turn left onto Arbor Creek Drive

Sydney Ryan - 25 Framingham Lane

1. Turn right out of MHS onto Mendon Road
2. Take a slight left onto Stone Road
3. Turn right onto RT-65/Clover Street
4. Turn right onto Framingham Lane

Away Meet Snack Schedule

(for bus ride home)

PLEASE DO NOT FORGET!

Thursday, September 16th (Honeoye Falls)

SNACKS: Preseason Lane 6 (Both JV and Varsity)

DRINKS: Preseason Lane 5 (Both JV and Varsity)

Tuesday, September 20th (Hilton)

SNACKS: Preseason Lane 4 (Both JV and Varsity)

DRINKS: Preseason Lane 3 (Both JV and Varsity)

Tuesday, October 4th (Rush Henrietta)

SNACKS: Preseason Lane 2 (Both JV and Varsity)

DRINKS: Preseason Lane 1 (Both JV and Varsity)

Tuesday, October 11th (Penfield)

SNACKS: Preseason Lane 5 (Both JV and Varsity)

DRINKS: Preseason Lane 6 (Both JV and Varsity)

Thursday, October 13th (Webster)

SNACKS: Preseason Lane 3 (Both JV and Varsity)

DRINKS: Preseason Lane 4 (Both JV and Varsity)

Dress-Up Psyches

Everyone must participate, as they are intended to unify us as a team for meets. Weekend invitational psyches will be on the Friday before the meet.

Thursday, September 8th - Braids and war paint

Friday, September 9th - Dress up

Tuesday, September 13th - All Black

Tuesday, September 20th - Team clothes

Thursday, September 22nd - Tie-dye

Friday, September 23rd - Bandanas and removable paw print tattoos

Friday, September 30th - (Empire team only) All black with ribbons

Tuesday, October 4th - Team clothes

Tuesday, October 11th - Cowgirls

Thursday, October 13th - Team clothes

Tuesday, October 18th - Psyche shirts

Thursday, October 20th - Team clothes and senior shirts

Secret Psyche Gifts

Psyche gifts are distributed before meets in order to pump everyone up before big meets. Gifts should be between \$5-10 per gift. JV and Varsity will decide separately what to do during the weeks of MCCI's, Sectionals and States later in the season.

Bring psyche gifts on the following dates:

Tuesday, September 13th – Victor

Saturday, September 24th - New Hartford Invitational

Thursday, October 13th – Webster